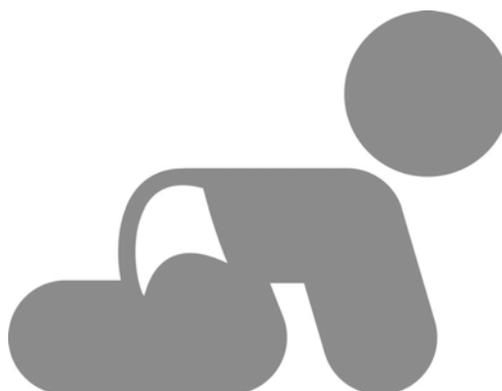




FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# WHERE LEARNING COMES NATURALLY

EARLY LEARNING CENTER PRE-SCHOOL  
Parent Handbook  
VICTORIA FAMILY YMCA



## **WELCOME!**

At The YMCA Early Learning Center healthy child development starts early. That's why we offer Preschool programs that help children learn the essential skills they will need later on. Our trained, supportive staff work to help every child have the best possible start to their education.

## **MISSION STATEMENT**

To put Judeo-Christian principals into practice through programs that build healthy spirit, mind and body for all.

## **PHILOSOPHY**

The YMCA is a community leader in the development of the whole child. Children will learn through discovery and play in a nature based environment. Our goal is to encourage a love for lifelong learning in a caring community.

## **CURRICULUM**

The YMCA curriculum is specifically designed to meet the needs of a child at his or her level of development. The center will include science, music, drama, arts and crafts, and literacy activities

- Social Skills Development components are incorporated in all activities.
- A balance of activities, have been designed to enhance the physical, social and emotional and cognitive development of your child.
- YMCA Character Development is interwoven through all curriculum components and focuses on positive values of caring, responsibility, respect, and faith as well as appreciation of healthy living habits

## **ABOUT OUR YMCA STAFF TEAM**

The Staff must meet the Texas Department of Family and Protective Services and YMCA standards

- Submit to FBI finger printing
- Are first aid and CPR certified
- Receive 24 hours of pre-service training
- Attend continuous training throughout the year (a minimum of 20 hours)

## **HOURS OF OPERATION**

Program runs Monday-Friday for the times listed below. This is a year-round program running January-December of each calendar year. **6:30a.m.- 6:00p.m.** A late fee of \$1/minute, per child, will be added to your tuition after 6:00 pm. Please contact us if you are going to be late. If you are late more than three times, services may be terminated.

## **HOLIDAYS**

Our program observes and will be closed on the following holidays:

New Year's Day

Good Friday

Memorial Day

July 4<sup>th</sup>

Labor Day

Thanksgiving Day

Friday after Thanksgiving

Christmas Eve

Christmas Day

## SECURITY

The facility has the following safety measures in place:  
Key pad controlled access door at the entrance to the facility.

## ENROLLMENT

The following are required to enroll your child:

- Completed enrollment form
- Immunization record
- Health Statement signed by a physician
- If your child is four years of age or older–vision & hearing screening

Due to state licensing standards, new enrollment forms are required by September 1 of each year. All forms must be completely filled out at the time of enrollment. It is very important that we can always reach you in the event of an emergency. Please remember to update your records should you have any changes in your personal information, (i.e. address, phone numbers, emergency contacts, immunizations)

## FEES

Registration fee: \$45.00 (non-refundable)

	<b>Community Participant</b>	<b>Victoria College Student</b>
<b>18-23 mo</b>	\$125/ week	\$107/week
<b>2-5 yrs</b>	\$110/week	\$94/week

## TUITION POLICY

Tuition must be set up as a draft from a credit or debit card. You may choose to draft monthly or biweekly. Monthly payments will be drafted on the 1<sup>st</sup> and biweekly will be drafted on the 1<sup>st</sup> and 16<sup>th</sup>. When you enroll your child you will fill out a payment method form with all you banking information for drafting. A late fee of \$30 will be added to your account after the 3<sup>rd</sup> of each month for all returned drafts. If your tuition is not made current by the 10<sup>th</sup> of the month, your child care services may be terminated. There will be no refunds or credits due to illness or absence.

## WITHDRAWAL POLICY

A two week written notice must be submitted to the Childcare Director in order to withdraw your child/children from the program. Enrollment is considered continuous until written notice of withdrawal is given.

## ABSENCES

If your child is going to be absent from childcare, notification is required to the center director.

## CHECK- IN

As an important security measure, we ask that you bring you child into the center and see that he or she is released to a staff member in their assigned room. You are required to sign your child in with the arrival time and your initials. Children will not be accepted during the hours of 12-2:30(naptime) unless prior arrangements have been made.

## PICK- UP PROCEDURES

Each child must be signed out by an adult who is listed on their enrollment form sheet. Your child will be released to adults 18 years and older only. You may be asked for ID at anytime. Please remember this is for safety of your child. It is the parent's responsibility to notify the center any time your child cannot be picked up prior to closing time or if your child is to be picked up by a person not authorized on the enrollment form. Your are required to sign you child out with departure time and initials.

YMCA abides by all legally served court orders. We must have certified court order on file regarding parental custody matters.

## **EMERGENCY PICK-UP PROCEDURES**

Anytime an emergency occurs and a child must be picked up by someone not listed on the child's enrollment agreement, Texas state law requires the following:

- Parent must call the YMCA office at 361-575-0511 giving the persons Name and Identification Information.
- Person picking up child must present a picture I.D.
- Staff must review the picture I.D., record the D.L. number and record the car tag numbers

## **INCLEMENT WEATHER**

If weather conditions warrant, the center may be closed without prior notice. This would happen in the event of ice, snow, excessive rain (flooding) or any weather which would cause the highway department to close major thoroughfares. If there is any doubt about the center closure due to weather conditions, you will need to listen to your local radio stations. There will be no reduction of fees for these days.

## **NUTRITION**

Your child will be served morning snack, lunch and afternoon snack each day. Our menus are carefully planned in accordance with USDA requirements. The menus include foods that are tasty and nutritious.

## **REST PERIOD**

Your child's day at the center is planned to provide exciting, active learning experiences. A rest period is scheduled each day to maintain a balance between active and quiet times. TDFPS established a designated rest period for pre-school children (3 hours). YMCA staff encourages your child to rest quietly during this time.

## **DAILY ATTIRE & EXTRA ITEMS**

Children should be dressed daily for active play. Since all children will be going outside twice per day, weather permitting; please ensure that they will have weather appropriate attire. No open toed shoes permitted. Each child needs a change of clothes for emergencies. This should include pants, shorts, shirt and underwear. Children being potty trained may require more than one change of clothing. Please bring a blanket and any item that soothes your child during nap time. Ensure that all items are labeled. Please refrain from bringing toys or other items from home. These will only be allowed on designated show and tell days. We are not responsible for any lost, stolen or broken belongings.

## **LOST AND FOUND**

It is important that each item brought from home is labeled with your child's name to prevent them from being lost. Should an item of your child's be misplaced, it will be placed in the lost and found at the reception desk. These items will be donated to a local charity if left for more than 30 days.

## **BEHAVIORAL EXPECTATIONS**

The YMCA recognizes that positive discipline teaches and encourages the healthy development of children's self-esteem. The YMCA does not allow the use of corporal or physical punishment at the YMCA. Caregivers employ positive discipline techniques which include praising, calling attention to appropriate behavior, and acting as positive role models to influence and reinforce positive behavior. The staff set limits that are developmentally appropriate and consistently enforced.

## **CODE OF CONDUCT**

Staff will encourage and assist all children in following the YMCA Code of Conduct (included in the enrollment packet and copy attached). Please go over this with your child and remind them of the rules and expectations. It is the expectation of the YMCA Pre-school that all parents, family members, and associates of children enrolled in the program, conduct themselves in a manner which complies with the center policies and all federal, state and local laws, while at the center or at any YMCA activity. The YMCA reserves the right to terminate the enrollment of any family not adhering to this policy.

## **DISCIPLINE AND GUIDANCE**

Discipline must be:

- Individualized and consistent for each child
- Appropriate to the child's level of understanding
- Directed toward teaching the child acceptable behavior and self-control

A caregiver may only use positive methods of discipline and guidance that encourage self-esteem, self-control, and self-direction, which include at least the following:

- Using praise and encouragement of good behavior instead of focusing only upon unacceptable behavior
- Reminding a child of behavior expectations daily by using clear, positive statements
- Redirecting behavior using positive statements
- Using brief supervised separation or time out from the group, when appropriate for the child's age and development, which is limited to no more than one minute per year of child's age.

There must be no harsh, cruel, or unusual treatment of any child. The following types of discipline and guidance are prohibited:

- Corporal punishment or threats of corporal punishment
- Punishment associated with food, naps, or toilet training
- Pinching, shaking, or biting a child
- Hitting a child with a hand or instrument
- Putting anything in or on a child's mouth
- Humiliating, ridiculing, rejecting, or yelling at a child
- Subjecting a child to harsh, abusive, or profane language

## **PROGRAM DISMISSAL POLICY**

Participants may be asked to withdraw from the program for the following reasons:

- Delinquency in the fee payment with no immediate payment coming
- Failure to provide required records or to meet the standards of the Texas Department of Family and Protective Services.
- Consistently late pick-up of a child.
- Child's needs cannot be met by our program.

The child is unwilling to follow the YMCA procedures and rules (See Behavior Expectations and Guidelines)

## **DAILY ARRIVAL HEALTH CHECKS –ILLNESS AND EXCLUSION**

When children arrive each morning, a staff member will check to see if he/she appears to be in good health in order to attend the center for the day. If a staff member determines that the child is unable to participate, the parent will be instructed to take the child home at that time. Children who become ill during child care hours will be subject to the below referenced policy regarding Illness/Accidents. Health Checks may include, but not be limited to staff observing:

- Breathing difficulties, severe coughing, discharge from nose or eyes, changes in skin color, bruising or swelling, cuts, sores, rashes, and/or child unusually warm, cold or clammy.

If such observations are seen, staff will discuss with parent/guardian about any possible issues of concern. Staff will document each child's daily Health Check based on classroom procedures in place with special notation regarding changes in child's behavior or appearance since last day of attendance.

In an effort to maintain a healthy environment, the following guidelines **MUST** be strictly followed. Please respect the health of the other children in our care by cooperating with us on these state mandated rules, Article 746.3601 Texas Minimum Standards of Child Care Centers. Children who become ill may not remain at school, nor will an ill child be admitted. If a child becomes ill during the day, a parent will be notified to pick up the child immediately. If we are unable to reach the parents, we will then begin calling the persons listed on your enrollment forms. For the safety of your child as well as the other children in their class, you may not bring a child to the program for one business day after having any of the following symptoms:

- \* A fever above 100.4 degrees
- \* Intestinal disturbance accompanied by diarrhea or vomiting
- \* Any undiagnosed rash
- \* Sore or discharging eyes or ears
- \* Profuse, colored nasal discharge
- \* A communicable disease

Children must be free of all fever and all above symptoms for 24 hours and show no signs of illness when returning to school. All children must be able to participate in their normal daily schedule (outdoor play included). Please let us know as soon as possible if your child has a communicable illness or infection. This will allow us to notify the parents of children attending our program. Children with communicable conditions may not return to care without a note from their physician. Children with head lice will not be allowed to attend.

## **MEDICATION**

A medication form must be completed if your child needs medication while at school.

- \* Must be in its original container
- \* Labeled with the child's name (we cannot share medications among siblings)
- \* Labeled with the date that the prescription expires
- \* Labeled with the dosage and directions on how to administer the medicine
- \* Include the name of the physician prescribing the medication

Over the counter medication will also require a medication form, including but not limited to sunscreen, insect repellent, and other topical medications.

## **MEDICAL PEDICULOSIS (HEAD LICE)**

The Texas Department of Health requires any child that is found to have head lice be excluded from school until the child has been treated. According to our policy, all eggs (nits) must be removed from the child's hair prior to returning to the center. The parent/guardian and child must visit with a staff member prior to being readmitted. Periodic classroom checks will be conducted. Parents/guardians can help minimize the problem by checking their own children on a regular basis and treating the hair if necessary. Information regarding lice detection and treatment is available in the center director office.

## **MEDICAL EMERGENCY**

Should your child require immediate medical attention while on our care, we will call 911 and then contact parent or guardian. Responding emergency medical personnel will make determinations whether the child should be transported to a hospital. We will provide them with information from your child's records as to your choice of hospital and physician. In the event that this information is not specified, the child will be transported to the nearest available hospital.

## **WATER ACTIVITIES**

All precautions will be taken to insure the safety of the child during any water activities. The YMCA Early Learning Center Preschool will abide by all TDFPS requirements for water safety.

## **ANIMALS**

Parents will be notified when animals are present at center; All necessary documents will be on file.

## **GANG FREE ZONES**

YMCA Early Learning Pre-school is a gang free zone, Under Texas Penal Code 71.028, 71.029, any area with 1000 feet of a child care center is a gang free zone, where criminal offences related to organized criminal activity are subject to harsher penalty.

## **EMERGENCY PREPARDNESS**

Staff members are trained in basic emergency procedures. Necessary responses to issues regarding natural disasters (floods, tornados, hurricanes, etc.) and fire escape routes are addressed in staff training. Monthly fire drills and periodic tornado drills are conducted.

## **PARENT PARTICIPATION/CONFERENCES**

Parents are welcome visitors to our program! Open communication is very important to the success of your child's experience. Parent conferences may be arranged at any time with teachers or the Director by appointment. We appreciate your input regarding suggestions, ideas and comments on ways to improve our service to you and your family. You may direct suggestions, concerns, compliments or complaints to the immediate caregiver or one of the Directors. Throughout the year we will host family events to provide an opportunity for you to get to know the staff and other families. If you would like to volunteer for an event at the program, you will need to have a clear criminal background and FBI check. Parents and volunteers are never left alone with a group of children and will have a staff member with them at all times.

## **PARENTAL NOTIFICATION**

Parent notifications may be made in writing via letters, emails, fliers and/or signage at the classroom door or reception desk. Notifications may also be made by phone calls or in person by site staff. Any policy changes will be provided to the parent or guardian in writing.