

MEMBERSHIP

Joining Fee (non-refundable)	\$50
Family Membership A couple and as many children within the same household	\$75
Adult Male Membership 25 and older	\$53
Adult Female Membership 25 and older	\$51
Single Parent Family Membership One parent and as many children within the same household	\$63
Young Adult Membership 18-25 year olds	\$37
Teen Membership 13-17 year olds	\$29

There is a 4 hour time limit per day for youth and teens to be in the facility. Please see Teen and Youth Policy for additional information.

Adult Gym Guest Pass (per day) \$10

Everyone has a place here at the Y. Ask about our Y.O.U.R (Your Own Unique Rate) PLAN membership prices based on your income.

INSURANCE BASED MEMBERSHIPS

Memberships based on insurance are available. Inquire at the Welcome Center for more information.

TEEN & YOUTH POLICY

Ages 10-15 must attend the Teen and Youth Strength Training class and be accompanied by an adult 18 years or older to have access to the Wellness Center.

Ages 12 and over may access the basketball gym. There is a 4 hour time limit per day for youth and teens to be in the facility.

TEEN & YOUTH STRENGTH TRAINING

Ages 10-15
Members \$30
1:30 pm-4:00 pm-First and third Sunday each month

Teaches proper use of cardio and nautilus equipment. Usage of areas permitted upon completion with parental/adult supervision. This course is only available to members.

Participants must register by the Wednesday before the first and third Sunday of each month.



LIVING OUR CAUSE

Here at the Barbara Bauer Briggs Family YMCA, the Y stands for youth development, healthy living, and social responsibility. We strive to provide fun, fulfilling programs for families and individuals of all shapes, sizes, ages, and fitness levels. We invite you to explore your own capabilities, make wellness goals and achieve them. Set family play dates and make them.

LET'S GROW, THRIVE AND FLOURISH TOGETHER!

YMCA HOURS OF OPERATION

Monday-Thursday	5:00 am - 9:15 pm
Friday	5:00 am - 8:15 pm
Saturday	7:00 am - 5:00 pm
Sunday	1:00 pm - 5:00 pm

There is a 4 hour time limit per day for youth and teens to be in the facility. Please see Teen and Youth Policy for additional information.

CHILD WATCH AND RECREATION ROOM

Monday-Friday	8:00 am - 1:00 pm*
Monday and Wednesday	4:30 pm - 8:30 pm
Tuesday and Thursday	4:30 pm - 8:30 pm
Friday	4:30 pm - 6:30 pm
Saturday	8:15 am - 12:15 pm
Sunday	CLOSED

*Child Watch only
Child Watch services are complimentary to family memberships. There is a 2 hour limit (per day).



BARBARA BAUER BRIGGS FAMILY YMCA

1806 N. Nimitz Street
Victoria, TX 77901
361-575-0511

www.ymcavictoria.org

facebook.com/ymcaofthegoldencrescent

We have an app for that!
Download the YMCA of the Golden Crescent app
for the latest schedules, events and more.



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

2018 SUMMER PROGRAM GUIDE



**BARBARA BAUER BRIGGS
FAMILY YMCA**

YOUTH DEVELOPMENT

SUMMER CAMP

Registration Fee: \$45

Members \$83/Community Participants \$103 weekly
\$5 off weekly fee for each additional child enrolled

Providing youth with safe and supervised activities that teach core values. Activities allow children to create arts and crafts, explore the great outdoors, learn different sports, swim and participate in fieldtrips. Fieldtrips are optional and at an additional cost.

CCMS accepted and financial assistance is available if needed.

KINDER CAMP

Location: Pinnacle Point
Grades: Pre-K (age 3)-Kindergarten
Dates: May 29-August 17
Monday-Friday from 7:30 am-6:30 pm

YMCA CAMP

Location: Barbara Bauer Briggs Family YMCA
Grades: 1st Grade-6th Grade
Dates: May 29-August 17
Monday-Friday from 7:00 am-6:00 pm

CHEER CAMP

Members \$50/Community Participants \$65
Ages: 5-12
Dates: June 25-29
July 30-August 4
Time: 2:00 pm-4:00 pm
Learn cheers, chants, jumps, and more

KID'S NIGHT OUT

Members \$15/Community Participants \$20
Ages 6-13
Date: July 21
Time: 6:30 pm-9:30 pm
Theme: Summer Time Fun

EARLY LEARNING CENTER PRE-SCHOOL

AGES 2-5
Monday-Friday from 7:00 am-6:00 pm (year round)
Registration fee \$45

Community Participants \$120 weekly
Victoria College Student \$104 weekly
Citizens Medical Center \$90 weekly
\$5 off weekly fee for each additional child enrolled.

Your child will learn, grow, and thrive in a curriculum based, active play environment.

YOUTH SPORTS

Members \$45/Community Participants \$85
Late Registration Fee: \$25

SUMMER BASKETBALL

Ages: 3-14
Register: April 1-June 2
Late Registration: June 3-June 11

SUMMER T-BALL/COACH PITCH

Ages: 3-10
Register: April 1-June 2
Late Registration: June 3-June 11

FALL CO-ED VOLLEYBALL

Ages: 7-14
Register: July 1-September 15
Late Registration: September 16-October 1

FALL SOCCER

Ages: 3-14
Register: July 1-September 15
Late Registration: September 16-October 1

JUDO

Members \$40/Community Participants \$45 monthly
Available to everyone over age 6 including adults
Classes are every month on Tuesdays and Thursdays

FITNESS AND HEALTHY LIVING

BODY COMPOSITION ANALYSIS

Ages 18 and up
Members \$25/Community Participants \$50
Identify your body fat % versus your lean body mass using a caliper test to evaluate 7 sites of the body.
Call Rosalinda for an appointment at 575-0511.

PERSONAL TRAINING

Ages 18 and up
Members \$35 per hour
Call Rosalinda for an appointment at 575-0511.

CHECK OUT OUR CLASS VARIETY...

Do you want to be stronger, get leaner, gain power, be quicker, gain endurance, or burn calories?
Spinning Zumba Pilates
Zumba Sentao BodyPump Turbo Kick
Strong SilverSneakers Cardiofit
SilverSneakers Muscular Strength and Range Movement

ZUMBAKIDS

Ages 4-12
Mon/Wed
5:30 pm-6:15 pm

POUNDKIDS

Ages 4-12
Tues/Thurs
5:30 pm-6:15 pm



AQUATICS

OPEN SWIM/LAP SWIM

Members Free/Community Participants \$3 daily

WATER AEROBICS

Members Free
Joint Effort Tues/Thurs 10:00 am
Water Zumba Mon/Wed 10:00 am and 6:45 pm
Saturday 9:00 am

PRIVATE SWIM LESSONS

Members \$20/Community participants \$35
Ages 6 months and older.
Swim lessons are 30 minutes each.
By appointment only. Contact Amanda Howe at 361-575-0511 or ahowe@ymcavictoria.org.

POOL RENTALS

Members \$200/Community Participants \$250
Have the best party at the Barbara Bauer Briggs YMCA pool! Our parties are a fun and unique way to celebrate.
Contact Ethan Carrasco at 361-575-0511 or ecarrasco@ymcavictoria.org.

SWIM LESSONS

Members \$40/Community Participants \$80
Children who do not swim year-round tend to forget the basics. Swim lessons are 30 minutes each.

MORNING LESSONS

Monday-Thursday for two weeks

June 4-14
June 18-28
July 9-19
July 23-Aug 2
Aug 6-16

3-5 years old	11:00-11:30
6 years & up	11:30-12:00

EVENING LESSONS

Monday and Wednesday for four weeks

June 4-June 27
July 9-Aug 1

6 months-2 years	5:30-6:00
3-5 years old	5:30-6:00
6 years & up	6:00-6:30

EVENING LESSONS

Tuesday and Thursday for four weeks

June 5-June 28
July 10-Aug 2
Aug 6-30

6 months-2 years	6:30-7:00
3-5 years old	6:30-7:00
6 years & up	7:00-7:30



Join the fun and pick up a class schedule in the lobby, on our website or on the YMCA of the Golden Crescent App!