



**FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

MOTIVATION SUPPORT SUCCESS

Personal Training CALHOUN COUNTY YMCA

Ready to get in shape but not sure where to start?

Need motivation?

We've got you covered at the Y! The Calhoun County YMCA offers personal training and assistance in achieving your fitness goals and aspirations. We're eager to help you achieve your next level of fitness!



Devon Williams, Personal Trainer