



**2010 SWIM LESSON
REGISTRATION FORM**

Participant/ Child's Name:

First Name: _____ Last Name: _____ Male _____ Female

Address: _____ City/St _____ Zip _____

Date of Birth _____ Age _____

Have you ever participated in YMCA Aquatics before? _____ Yes _____ No

Have you or your child ever participated in swim lessons before? _____ Yes _____ No

Please Circle the class you or your child would wish to participate in:

June 15-18	June 22-25	June 29-July 2
July 6-9	July 13-16	July 20-23
July 27-30	Aug 3-6	Aug 10-13
Aug 17-20		

All class levels are taught during all sessions. Class times are:

Please Circle one: 8:30am 9:40am 5:30pm

Each class will need a minimum of 3 participants in order to get scheduled

Cost for classes is \$35 for Y-Members & \$55 for Non-Members

Parent/Guardian Information:

Name: _____ Relationship _____ mother _____ father _____

Hm Phone _____ Wk Phone _____

Cell Phone _____ Email _____

THE YMCA DOES NOT PROVIDE ACCIDENT OR MEDICAL INSURANCE FOR PROGRAM PARTICIPANTS I grant the YMCA and its agents permission to transport my child in the event of an emergency and I am unable to be reached. I recognize that participation in YMCA activities may expose my child to some risk. I agree to hold the YMCA harmless from any claims for damage to any property or injury to persons which may occur through participation in any activity at the YMCA or in it's programs. I have read and understand the above information. My child has permission to participate in this YMCA Youth Sports Program with conditions set for.

Signature _____ Date Signed _____



SWIM LESSON LEVELS

Water Safety is EVERYONE'S responsibility!!

Lessons provide a safe atmosphere where skill-building and character development take place. Special emphasis is placed on safety in and around water and most of all, fun!

Parent/Child (Ages 6 mos-2 yrs)

Parent and child have fun together learning to be comfortable in the water.



Tiny Tots (ages 3 yrs—5 yrs)

Designed for children to learn the basic swimming skills and stroke development. Participants will work on being comfortable in the water on their own, kicking, front and back floating, breath control, and progressive paddle stroke.

Polliwog (Ages 6 & up)

Will work on floating, kicking, independent swimming and comfort in the water.

Front glide, back glide, front crawl, side stroke, back stroke.



Guppy/Minnow (ages 6 yrs+ —Advanced)

This class will build on basic skills learned in Polliwog. Will strengthen front crawl, back stroke, side stroke; will learn breaststroke.

Class ages are a suggestion. Children older than ages posted with little or no experience are encouraged to begin at a lower class. This will ensure their success in their swimming career. YMCA swim instructors will swim test each child to place them in the class of their skill level

For more information,
call the Calhoun County YMCA
1300 N. Virginia, Port Lavaca, TX 77979
(36) 551-2562 * (361) 551-2504 FAX

